

# North Texas

# AIR QUALITY and you

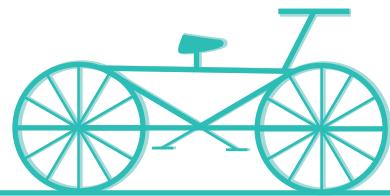
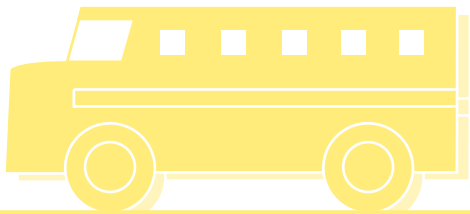
## WHY IT MATTERS.

The air quality in North Texas is not as clean as it could be. Pollution from cars and factories mixes with sunlight and hot temperatures, forming ground level ozone. When this happens, it is harmful to people, animals, crops, and trees.

## FUN FACT BOX

### WHAT IS AQI?

AQI means Air Quality Index. This scale measures outdoor air quality. On days when the air is not safe, an Air Pollution Alert goes out. Green and yellow mean the air is safe, so we can go out and play sports. Orange, red, and purple means the air quality is poor and we should stay indoors.



## HELPING HAND

### WHAT YOU CAN DO.

You can reduce air pollution and help improve air quality by biking, walking, or skateboarding to school or friends houses. You can also ride the school bus, take your lunch to school in reusable containers, recycle, turn off the lights when you leave a room, and inform your friends about actions they can take as well.

Want to learn more about air quality?

Visit [AirNorthTexas.org](http://AirNorthTexas.org)!

I, \_\_\_\_\_,  
WILL DO MY  
BEST TO HELP  
IMPROVE AIR  
QUALITY IN  
NORTH TEXAS.

# Clean Air CONTRACT

I will do one or more of the following...

- Ask my parents to drive the speed limit and reduce idling
- Bike, walk, or skateboard to school or friends' houses
- With parental permission, visit [AirNorthTexas.com](http://AirNorthTexas.com)
- Take my lunch to school in a reusable container
- Ask my parents to maintain their vehicle(s)
- Turn off the lights when I leave a room
- Tell my friends about air quality
- Ride the school bus
- Recycle

Signature

Date

